

## HEALTH AND WELLBEING

### Lifeline | 13 11 14

Emotional distress support | 24 hours 7 days

### Headspace | (08) 9393 0300

Mental & emotional health support | 12-25 years | 40 Fourth Rd, ARMADALE

### Suicide Call Back Service | 1300 659 467

Counselling – a risk of suicide | 24 hours 7 days

### Anglicare | (08) 9394 9200

Various counselling services | 2232 Albany Hwy, GOSNELLS

### Mental Health Emergency Response | 1300 555 788

Mental health support | 24 hours 7 days

### Health Direct | 1800 022 222

Health advice | 24 hours 7 days

### Beyond Blue | 1300 22 4636

Support, information, referral | 24 hours 7 days



## HARDSHIP RESOURCE DIRECTORY

Contact information to assist people with emergency and support services.



## HOUSING SUPPORT

### Ruah Tenancy Support Program | 13 78 24

Help to maintain tenancy in private rental market | Mobile service

### Centrecare | (08) 9489 9200

Support to maintain and/or access medium-term, non-emergency, supported accommodation | 2302 Albany Hwy, GOSNELLS

### Gosnells Community Legal Centre | (08) 9398 1455

Residential tenancy advice & education | 2232 Albany Hwy, GOSNELLS

Tues-Fri 9.30-12.30pm, 1.30-3.30pm

## FINANCIAL ASSISTANCE

### Jacaranda Community Centre Armadale | (08) 9477 4346

Budgeting, consumer credit issues, debt negotiation and advocacy

146 Epsom Ave, BELMONT | Call, Mon-Thurs 8:30-4:30pm, Fri 8:30-3:30pm

### Gosnells Community Legal Centre | (08) 9398 1455

Financial Counselling Services | 2232 Albany Hwy, GOSNELLS

Tues-Fri 9.30-12.30pm, 1.30-3.30pm

### Anglicare | 1300 114 446

Managing debt, budgeting, bill paying

### National Debt Helpline (NDH) | 1800 007 007

Debt support, financial counselling and resources | Mon-Fri 9:30-4:40pm

### The Salvation Army Australia | 1800 722 363

Financial counselling | Mon-Fri 8-4pm



Please scan the QR code or visit the City of Armadale website  
[www.armadale.wa.gov.au/hardship-support-services](http://www.armadale.wa.gov.au/hardship-support-services)

Information correct as of 01 Mar 2022

## PEOPLE EXPERIENCING HOMELESSNESS PUBLIC AND PRIVATE SPACES

Vulnerable or homeless people, including those sleeping rough, have the same right to be in public spaces as all community members who are behaving according to the law.

Property owners can ask those loitering, begging or sleeping rough to leave their premises. If this instruction is not followed or people are behaving in an anti-social manner WA Police can be contacted on 13 14 44 for assistance.

## EMERGENCY CONTACTS

**Ambulance, Fire, Police** | Emergency, 24 hours 7 days | **000**

**Police** | Non-emergency, 24 hours 7 days | **131 444**

## EMERGENCY HOUSING

**Entrypoint** | **1800 124 684**

Homelessness assessment & referral | Mon-Fri 9-7pm, Sat 9-5pm | Call or register online

**Crisis Care** | **1800 199 008**

Information & referrals for people in crisis | 24 hours 7 days

**Armadale Youth Accommodation Service** | **(08) 9235 7043**

Short term crisis accommodation for at risk or homeless youth aged 15 – 20

**The Shop Front** | **(08) 9371 9109**

Sleeping Bags | Mon-Fri 11-1pm

## FOOD AND CLOTHING

**Crossways** | **(08) 9390 005**

Food, cooked meals, low-cost groceries, clothing, vouchers, and bill assistance.  
225 Railway Ave, KELMSCOTT | Mon-Fri 9am-5pm, Sat 9am-3:30pm

**Communicare** | **(08) 6370 1000**

Emergency food assistance by appointment | Mon, Wed & Fri 9-11am

**FoodBank** | **1800 979 777**

Food, groceries, mobile foodbank | Armadale Arena Carpark-4 Townley Street,  
ARMADALE | Thurs 12pm-12:30pm, Call Mon-Fri 9:30-5pm

**Minnawarra House** | **(08) 9497 1413**

Food, groceries, mobile foodbank | 24 Numulgi St, ARMADALE | Feb-Dec | Tues 9.45-10.15am

**Real Life Church** | **(08) 9398 7170**

Fruit & veg, bread, tea & coffee, other food | 114 Lissiman St, GOSNELLS | Wed & Fri 9-12pm

**The Haven Centre** | **0438 273 620**

Food parcels | 879 Albany Hwy, EAST VICTORIA PARK | Tue-Sat 9.30-11am

## FOOD AND CLOTHING Cont.

**Emergency Relief & Food Access Service** | **1800 979 777**

Links to emergency relief services. | Mon-Fri 9.30-5pm

**Multicultural Communities Council of WA (MCCWA)** | **(08) 6196 2818**

Food, vouchers, medicine for culturally and linguistically diverse (CaLD)  
By appointment. Call, Mon-Fri 9am-4pm

**St Vincent de Paul** | **1300 794 054**

Food, clothing, furniture, budgeting, bills | Mobile service.

**William Langford Community House** | **(08) 9350 6236**

Food parcels & vouchers | 82 Langford Ave, LANGFORD  
Call, Mon 9am. Tues, Wed & Thurs mornings.

## DRUG AND ALCOHOL SUPPORT

**Alcohol & Drug Support Line** | **(08) 9442 5000**

Counselling, information, referrals. | 24 hours 7 days

**SE Metro Community Alcohol & Drug Service** | **(08) 9399 5344**

Counselling and support | 312 Spencer Rd, THORNIE | Mon-Fri 9-4pm, Sat 10-3pm

**Wungening Aboriginal Corporation** | **(08) 6558 1000**

Alcohol and Other Drug support services for anyone | Unit 11, 49 William St, ARMADALE  
Mon-Fri 9-4pm

**Mission Australia SHIFT Youth AOD Outreach Service** | **(08) 6217 8700**

AOD outreach, treatment and support for people aged 12-25 years | Mon-Fri 9-5pm

## DOMESTIC AND FAMILY VIOLENCE

**Women's Domestic Violence Helpline** | **1800 007 339**

24 hours 7 days

**Men's Domestic Violence Helpline** | **1800 000 599**

24 hours 7 days

**1800RESPECT** | **1800 737 732**

Telephone and online counselling

**Zonta House** | **1800 870 149**

Outreach services, referrals | Mobile service

**Family Violence Service** | **1800 600 476**

Court support services to family violence victims who are making an application  
for a family violence restraining order and/or are involved in a Family Violence List  
criminal matter | Mon-Fri 8.30-4.30pm

**Starick** | **(08) 6290 2816 / 0406 942 761**

Mobile outreach services, domestic violence support, refuge accommodation  
and counselling | Mobile outreach

## SHOWERS AND LAUNDRY

**The Shop Front** | **(08) 9371 9109**

Orange sky mobile laundry | 59 John St, BENTLEY | Tue 11.30-1.30pm

**Real Life Church** | **(08) 9398 7170**

Orange Sky mobile laundry & shower | 114 Lissiman St, GOSNELLS | Wed 8.30-11am

**One Voice** | **1300 426 386**

Mobile showers, toiletries, conversation, hot meals | 89 Jull St, ARMADALE  
(back car park) / Various locations | Wed 5-7pm

**The Haven Centre** | **0438 273 620**

Orange Sky mobile laundry | 879 Albany Hwy, EAST VICTORIA PARK | Sat 9-11.30am

**Mission Australia Wattle House** | **(08) 9262 4200**

Vouchers by appointment | 40 Orr St, MADDINGTON | Call Mon 9am.